



TSX: TVE

Tamarack Valley Energy Ltd. Reports Voting Results of Annual General Meeting of Shareholders

Calgary, Alberta – May 13, 2019 – Tamarack Valley Energy (“**Tamarack**” or the “**Company**”) announces that at the annual general meeting of shareholders held on May 13, 2019 (the “**Meeting**”), the following individuals, being the eight nominees listed in the management information circular of the Company dated April 10, 2019 (the “**Circular**”), were elected by way of ballot as directors of Tamarack to hold office until the next annual meeting of shareholders or until their successors are duly elected or appointed, unless such office is vacated earlier in accordance with the Company’s articles or by-laws:

Name of Nominee	Votes For (%)	Votes Withheld (%)
Brian Schmidt	148,262,155 (99.98%)	31,633 (0.02%)
David R. MacKenzie	148,252,760 (99.97%)	41,028 (0.03%)
Floyd Price	147,233,364 (99.28%)	1,060,424 (0.72%)
Jeffrey Boyce	148,250,925 (99.97%)	42,863 (0.03%)
Noralee Bradley	147,374,775 (99.38%)	919,013 (0.62%)
John Leach	147,370,475 (99.38%)	923,313 (0.62%)
Ian Currie	148,258,541 (99.98%)	35,247 (0.02%)
Robert Spitzer	147,374,163 (99.38%)	919,625 (0.62%)

All other resolutions provided for in the Circular were duly passed and a report on the voting results is available under the Company’s profile on www.sedar.com.

About Tamarack Valley Energy Ltd.

Tamarack is an oil and gas exploration and production company committed to long-term growth and the identification, evaluation and operation of resource plays in the Western Canadian Sedimentary Basin. Tamarack’s strategic direction is focused on two key principles: (i) targeting repeatable and relatively predictable plays that provide long-life reserves; and (ii) using a rigorous, proven modeling process to carefully manage risk and identify opportunities. The Company has an extensive inventory of low-risk, oil development drilling locations focused primarily in the Cardium and Viking fairways in Alberta that are economic over a range of oil and natural gas prices. With this type of portfolio and an experienced and committed management team, Tamarack intends to continue delivering on its strategy to maximize shareholder returns while managing its balance sheet.

For additional information, please contact:

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